

TODAY I FEEL:



Like you, the characters of Monster High are learning about who they are and how they feel. Identifying your emotions is an important skill that helps you decide what you want and need in your everyday life. Explore the monster-inspired emotions below and pick the ones that best represent how you're feeling right now. You can cut them out and glue them here, or you can put them somewhere you'll see them throughout the day. Remember, it's okay to feel a mix of monster emotions!



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MONSTER HIGH™



nickelodeon
**OUR
WORLD**

CLAWDEEN



**BRAVE
LIKE
CLAWDEEN**

**DETERMINED
LIKE
CLAWDEEN**

**STRONG
LIKE
CLAWDEEN**

**EXCITED
LIKE
CLAWDEEN**

**EAGER
LIKE
CLAWDEEN**

**DISAPPOINTED
LIKE
CLAWDEEN**

**NOT ENOUGH
LIKE
CLAWDEEN**

**AFRAID
LIKE
CLAWDEEN**

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MONSTER HIGH™



DRACULAURA



**CONFIDENT
LIKE
DRACULAURA**

**INSPIRED
LIKE
DRACULAURA**

**HELPFUL
LIKE
DRACULAURA**

**OVERWHELMED
LIKE
DRACULAURA**

**INSECURE
LIKE
DRACULAURA**

**CONNECTED
LIKE
DRACULAURA**

**NERVOUS
LIKE
DRACULAURA**

**ASHAMED
LIKE
DRACULAURA**

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MONSTER HIGH™



FRANKIE



JOYFUL
LIKE
FRANKIE

SMART
LIKE
FRANKIE

ADVENTUROUS
LIKE
FRANKIE

CURIOUS
LIKE
FRANKIE

PLAYFUL
LIKE
FRANKIE

AMAZED
LIKE
FRANKIE

SENSITIVE
LIKE
FRANKIE

EMBARRASSED
LIKE
FRANKIE

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MONSTER HIGH™



LAGOONA & CLEO



BUBBLY
LIKE
LAGOONA

SNAPPY
LIKE
LAGOONA

LOVING
LIKE
LAGOONA

MAD
LIKE
LAGOONA

ANNOYED
LIKE
CLEO

BORED
LIKE
CLEO

ENVIIOUS
LIKE
CLEO

AMUSED
LIKE
CLEO

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MONSTER HIGH™



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**OUR
WORLD**

HEATH & DEUCE



**PASSIONATE
LIKE
HEATH**

**LIVELY
LIKE
HEATH**

**FIRED UP
LIKE
HEATH**

**ANGRY
LIKE
HEATH**

**STYLISH
LIKE
DEUCE**

**CARING
LIKE
DEUCE**

**QUIET
LIKE
DEUCE**

**VULNERABLE
LIKE
DEUCE**