



KINDNESS IS SPLAT-TASTIC

Ready to play Kindness Bingo?!

First, read all the ways you can be kind AND play. Then, carry this card with you throughout your day, and fill in the squares you complete.

EXTRA CHALLENGE:

Go above and beyond by filling up your whole Bingo card!

**Eat Lunch
with a
New Friend**

Smile

**Lend a
Helping
Hand**

Be Patient

**Write a
Nice Note**

**Say
Something
Kind**

**Give
Yourself a
Compliment**

**High-Five
a Friend**

**Open the
Door for
Someone**

**Say,
"Thank You"
to a
Grown-Up**

**Say,
"Thank You"**

**Random
Act of
Kindness**



**Share with
Someone
New**

**Teach a
Friend
Something
New**

**Pick Up
Litter**

**Write a
Thank You
Note**

**Help
Clean Up**

**Compliment
a Friend**

**Share a
Snack**

**Say,
"Please"**

**Say,
"Hello" to
Someone
New**

**Be a
Good
Listener**

**Make
Someone
Laugh**

**Comfort
a Friend**